

Heartland Express, Inc. Announces Participation in Upcoming Conferences

NORTH LIBERTY, Iowa - Heartland Express, Inc. (Nasdaq: [HTLD](#)) announced that on Tuesday, November 6, 2018, Mike Gerdin, Chief Executive Officer and Chris Strain, Chief Financial Officer, will present at Baird's 2018 Global Industrials Conference at 12:00 pm (central time).

Interested investors can access a live audio webcast of the Heartland Express, Inc. presentation at the Baird 2018 Global Industrials Conference at <https://wsw.com/webcast/baird53/htld/>.

Mr. Gerdin and Mr. Strain will also present at the 2018 Stephens New York Investment Conference on Wednesday, November 7, 2018 at 6:30 am (central time).

Heartland Express is an irregular route truckload carrier based in North Liberty, Iowa serving customers with shipping lanes throughout the United States. Heartland focuses on medium to short haul regional freight, offering shippers industry leading on-time service so they can achieve their strategic goals for their customers. More information about Heartland Express can be found on the company website at www.heartlandexpress.com.

This press release may contain statements that might be considered as forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995, as amended. Such statements are based on management's belief or interpretation of information currently available. These statements and assumptions involve certain risks and uncertainties, and undue reliance should not be placed on such statements. Actual events may differ from these expectations as a result of numerous factors, including, without limitation, those specified in the Company's Annual Report on Form 10-K for the year ended December 31, 2016. The Company assumes no obligation to update any forward-looking statements, which speak as of their respective dates.

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